

QUARTERLY REPORT

2024 Q4 IMPACT



As we reflect on the last quarter of 2024, we're filled with gratitude for the incredible progress made. Thanks to our community of supporters, DreamRoot has fostered growth, dignity, and connection through these transformative initiatives:

- Renovated locker rooms at Arte Suave, benefiting 170+ students.
- Tutoring as Haiti school grew from 272 to 340 students.
- Celebrated 23 leaders at our Accelerator Summit.
- Hosted 12 U.S. participants for a Brazil exchange trip.
- Hosted Children's Day parties for 100+ kids and their families.
- Held an autism workshop, empowering coaches and parents.
- Donated 63 kimonos to students in need.
- Continued coaching and consulting to local leaders.

MILESTONES

BRAZIL EXCHANGE TRIP

LEADERSHIP ACCELERATOR
SUMMIT

LOCKER ROOM RENOVATION

AUTISTIC WORKSHOP

HAITI TUTORING

CHILDREN'S DAY BLOCK PARTY

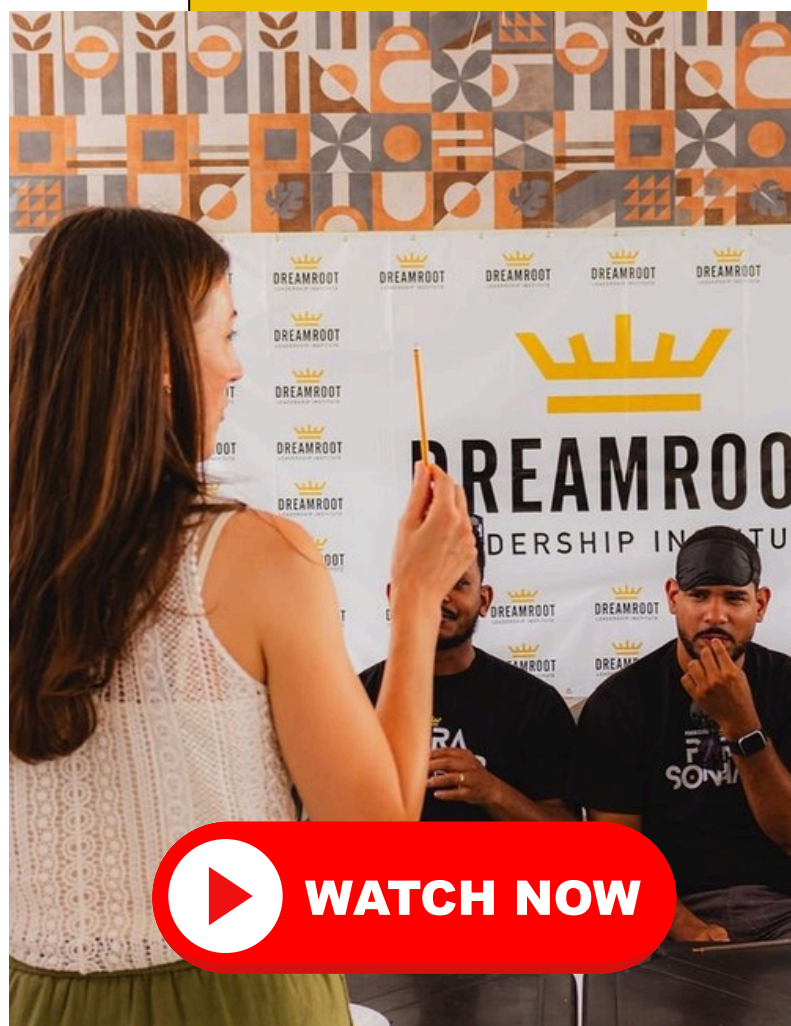


Leadership Accelerator Summit

We wrapped up the five-month DreamRoot Leadership Accelerator with a Summit celebration, where **23 local Brazilian leaders** came together in person to **present their Life Canvas** projects—a capstone they worked on throughout their leadership journey.

The day was filled with inspiration, growth, and connection. We engaged in **interactive games**, enjoyed a meal featuring Brazilian barbecue and feijoada (the national dish of Brazil), and introduced participants to **American snacks**, including s'mores. These moments sparked creativity, expanded horizons, and inspired **new visions of what's possible**.

"The Accelerator has helped me to have more self-reflection and feel more confident in the things I believe in and can achieve."
- Jhessika, 2024 Accelerator participant



EDUCATION IN HAITI

Expanding Access to Education

The school year in Haiti began in October, and so did our tutoring program for the year.

Under the excellent leadership of DreamRoot local leaders Rose and David, the **school has grown from 272 to 340 students**—a testament to the high-quality education that families in the community value and trust.

Education is the foundation for a better future, and this growth reflects the profound impact of their work.



SUPPORTING CHILDREN WITH AUTISM



We were honored to welcome two special guests, Michelle and Doug from the U.S., to lead a community-capacity-building workshop at the Arte Suave DreamRoot Training Center in Brazil. This event equipped trainers, coaches, parents, and community members with practical skills to support and learn from autistic children and those with diverse learning needs.

Michelle and Doug shared valuable insights and strategies for creating inclusive and accessible environments where children can thrive.

Participants from across two Brazilian states left the workshop feeling inspired and hopeful. Many shared that they felt understood for the first time and gained a clearer path forward in supporting their children and communities.

INTERNATIONAL EXCHANGE TRIP

RECIFE, BRAZIL



Transformative Experiences

We wrapped up a fantastic Brazil exchange trip, **hosting 12 participants** from the U.S.! Together, we connected with locals, made new friends, and enjoyed the beautiful beaches and open markets. We shared delicious meals, celebrated Children's Day with a lively community block party, and some of us even trained in jiu jitsu.

At DreamRoot, our programs are designed to create experiences that **help people discover themselves and others** — building environments that encourage exploration, healing, and growth. Our goal is to bridge cultures, socioeconomic backgrounds, and industries, fostering intentional community that collaborates for collective impact and human flourishing, both locally and globally. This trip truly achieved that.



A highlight of the trip for the participants was training jiu jitsu with the kids at the Arte Suave DreamRoot Training Center and helping to host the Children's Day block party celebration.

One participant shared that what touched him most was how the center's programs and events like this were **"giving the kids a childhood."**

Additionally, several U.S. participants had the chance to teach and lead during jiu jitsu training sessions, where they put their BJJ leadership skills (and Portuguese!) to the test, offering their talents and contributing to the group.

Check out testimonials of participants from previous trips [**HERE**](#).

Join us for an Exchange Trip!

If you've ever thought about attending one of our **exchange trips** or are considering creating a corporate retreat for your team that includes vision, volunteering, and some fun in the sun, we invite you to join us.

These trips are a chance to experience the vibrant culture of Brazil and a unique opportunity to witness and be a part of the impact of DreamRoot's work firsthand.

You can reach out to us at hello@dreamrootinstitute.org to start exploring what a trip could look like for you.

Gi Drive Testimonial



Through our year-round gi drive, **63 jiu jitsu uniforms were donated** to BJJ students in need throughout Brazil.

Colin, an exchange trip participant, shared a memorable moment that came during a jiu jitsu training day when we invited a **13-year-old girl from a local orphanage** connected to the work of other DreamRoot leaders in different parts of the city.

She received one of the 63 donated gis that camp participants had brought from our gi drive, allowing her to join in the training.

On the mat that day were several other women and girls, who served as inspiring role models for her. With incredible courage and enthusiasm, she stepped onto the mats. Anyone who practices jiu jitsu knows how intimidating it can be to enter a new academy with unfamiliar training partners, but she embraced the experience with a smile, showing the strength and resilience of a true overcomer. Afterward, we all shared lunch, where she got to try cartola, a popular local dessert, for the first time.

Lifelong memories were made that day, shaping each of us in ways that will stay with us forever.



CHILDREN'S DAY BLOCK PARTY

Children's Day is a cherished celebration in Brazil. We hosted festivities at both the Sertão and Arte Suave Training Centers.

Hosting and providing gifts to over 115 children and their families. Between the bouncy house, piñata, snacks, games, and party favors, the kids enjoyed a carefree afternoon filled with fun.



LOCKER ROOM RENOVATIONS

Thanks to our amazing investors, the bathroom and locker room at the Arte Suave DreamRoot Training Center in Brazil have been renovated!

This upgrade is more than a physical improvement—it's a symbol of dignity and possibility for over 170 students and their families. These enhanced facilities are creating a more enriching and inspiring experience for everyone who trains here.

